



The Gold Mine Effect

By Rasmus Ankersen

Paperback. Book Condition: New. Not Signed; 'A great read and a fascinating insight into performance.' Sir Clive Woodward We all want to discover our hidden talents and make an impact with them. But how? Rasmus Ankersen, an ex-footballer and performance specialist, quit his job and for six intense months lived with the world's best athletes in an attempt to answer this question. Why have the best middle distance runners grown up in the same Ethiopian village? Why are the leading female golfers from South Korea? How did one athletic club in Kingston, Jamaica, succeed in producing so many world-class sprinters? Ankersen presents his surprising conclusions in seven lessons on how anyone - or any business, organisation or team - can defy the many misconceptions of high performance and learn to build their own gold mine of real talent. book.



READ ONLINE
[4.77 MB]

Reviews

A whole new electronic book with a new point of view. It can be full of knowledge and wisdom Its been written in an exceedingly simple way which is only following i finished reading through this pdf in which really modified me, modify the way in my opinion.

-- **Arianna Nikolaus**

This ebook is wonderful. I have got go through and so i am certain that i am going to likely to read through once again again later on. You will like the way the article writer compose this ebook.

-- **Miss Ariane Mraz**