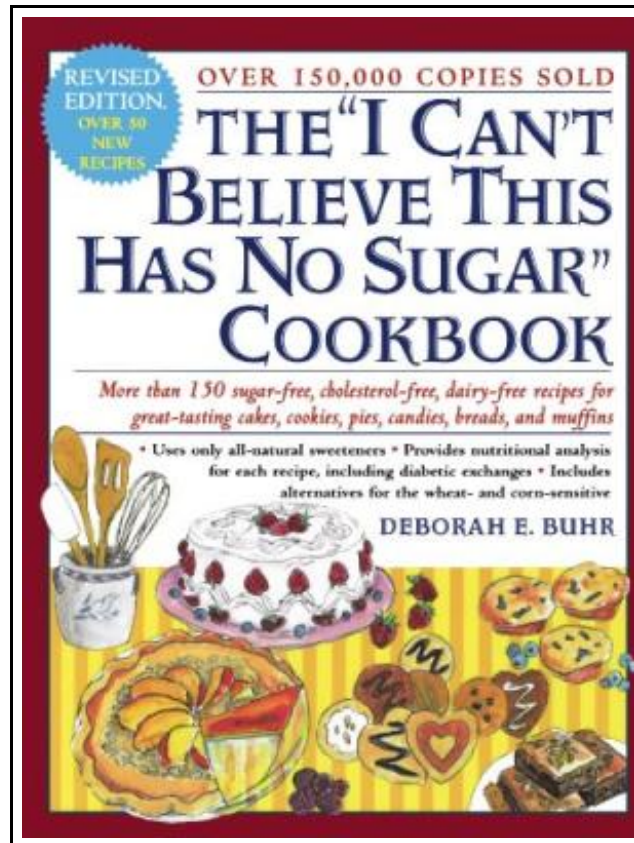


## The I Can't Believe This Has No Sugar Cookbook (Revised edition)



Filesize: 2.37 MB

### ***Reviews***

*This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.*

*(Ms. Ora Buckridge)*

## THE I CAN'T BELIEVE THIS HAS NO SUGAR COOKBOOK (REVISED EDITION)



Pan Macmillan South Africa. Paperback. Book Condition: new. BRAND NEW, The I Can't Believe This Has No Sugar Cookbook (Revised edition), Deborah E. Buhr, It's hard to believe that these tempting and delicious baked favorites contain no sugar, honey, or artificial sweeteners: Chocolate-Coconut Cake; Spelt Whole-Grain Yeast Bread; Peach Pie; Sugar-Free, Dairy-Free Fudge; Blueberry Crisp; Summer Afternoon Malt; Whole-Wheat Raisin Cookies; Graham-Cracker Cookie Cutouts; Apple-Nut Cinnamon Rolls; and Raspberry Popsicles. The secret is fruit, pure and natural, along with fruit juice concentrates, date sugar, and other healthful alternatives to sugar. All recipes are dairy-free and most are cholesterol-free and can be adapted for common food allergies. Deborah Buhr's family-tested recipes are irresistibly good - perfect for children, diabetics, calorie counters, the food allergic, and anyone with a "healthy" sweet tooth.



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